

LIMITS OF CONFIDENTIALITY

Contents of all therapy sessions are considered to be confidential. Mental health professionals will not share written/verbal information about the client/legal guardian to anyone outside session except in the exceptions outlined below:

Duty to Warn and Protect

If a client discloses intentions/plans to harm themselves/someone else, the mental health professional is required by law to report such information to the appropriate legal authorities, victims, & family.

Abuse of Children and Vulnerable Adults

Mental health professionals have an obligation to protect children, the elderly, or otherwise compromised adults who cannot protect themselves. Should a client state, suggest, or imply that s/he is abusing a vulnerable population, is being abused, is in danger of abuse, the professional is required by law to report the information to the appropriate social services & legal authorities for further investigation. I understand that suspected physical, emotional, or sexual abuse is enough to trigger the professional's duty to report.

Prenatal Exposure to Controlled Substances

Mental health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

Minors/Guardianship/Sponsorship

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records. In the event that someone other than the client is paying for service, they have the right to dates of service, attendance, & a yes/no answer as to whether the client is using the time appropriately.

Insurance Providers (when applicable)

Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

Digital Media

I understand that the mental health professional cannot protect my confidentiality from whatever I put into writing myself, as well as from non-HIPPA compliant communication providers, such as Google, AT&T, etc. as well as other digital breaches.

Case Consultation

Mental health care professional may consult with or receive supervision from other health professionals regarding the case to ensure the highest and best quality of care for the client. Mental health care professional will make best efforts to protect the identity of the client.

I agree to the above limits of confidentiality and understand their meanings and ramifications.

Signature

Printed Name

Date